



**www.heartwest.au**  
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referrals@heartwest.au  
Argus ID: 597793@argus.net.au  
Healthlink ID : heartwes  
ReferralNet ID: heartwest

Name:

Date of Birth:

E - referrals preferred

Telephone :

Address:

Medicare No:

☐ Do not upload to "My Health Record"

Clinical notes:

Referring Doctor's Details:

Copies To:

Provider No:

Doctor's Signature:

Date:

**PLEASE TICK THE APPROPRIATE BOXES BELOW - THIS WILL EXPEDITE THE BOOKING**

## CONSULTATIONS

1 ☐ CARDIOLOGY

2 ☐ CARDIAC SURGERY

3 ☐ STRESS ECG

- Choose indication
- ☐ Symptoms of cardiac ischemia
  - ☐ First degree relative with suspected heritable arrhythmia
  - ☐ Other cardiac disease which may be exacerbated by exercise
  - ☐ OTHER INDICATION - NO MBS REBATE

5 ☐ STRESS ECHO

- Choose indication
- ☐ New typical or atypical angina
  - ☐ Known coronary disease with worsening symptoms
  - ☐ ECG changes consistent with coronary disease
  - ☐ Coronary CT or invasive angiogram lesions of uncertain significance
  - ☐ Exertional dyspnoea of uncertain aetiology
  - ☐ Silent ischemia - limited history or exercise tolerance
  - ☐ Preoperative assessment before valve surgery
    - ☐ Severe aortic stenosis
    - ☐ Severe valvular regurgitation
  - ☐ Preoperative assessment before **MAJOR** non cardiac surgery
    - ☐ AND low functional capacity < 4 METS
    - ☐ AND presence of any 2 of :
      - ☐ Heart failure
      - ☐ Ischemic heart disease
      - ☐ Renal impairment eGFR <60
      - ☐ Diabetes on insulin
      - ☐ Stroke/TIA
  - ☐ OTHER INDICATION - NO MBS REBATE

4 ☐ ECHO

- Choose indication
- ☐ Symptoms or signs of heart failure
  - ☐ Ventricular hypertrophy or dysfunction
  - ☐ Pulmonary hypertension
  - ☐ Valvular disease
  - ☐ Pericardial disease
  - ☐ Aortic disease
  - ☐ Congenital heart disease
  - ☐ Cardiac tumour or thrombus
  - ☐ Cardiac source of embolus
  - ☐ OTHER INDICATION - NO MBS REBATE

6 ☐ PACEMAKER / DEFIBRILLATOR CHECK

7 ☐ ECG - 12 LEAD

8 ☐ 24 HOUR HOLTER MONITOR - ECG

- Choose indication
- ☐ Unexplained syncope or presyncope
  - ☐ Palpitations > 1 episode per week
  - ☐ Suspected arrhythmia > 1 episode per week
  - ☐ Surveillance post cardiac surgery known to cause arrhythmia
  - ☐ OTHER INDICATION - NO MBS REBATE

9 ☐ 24 HOUR BP MONITOR - NO MBS REBATE

10 ☐ HEARTBUG 28 DAY MONITOR - NO MBS REBATE

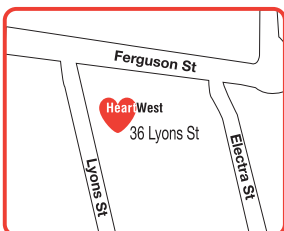
Your doctor has recommended that you use Heartwest . You may choose another provider but please discuss this with your doctor first.



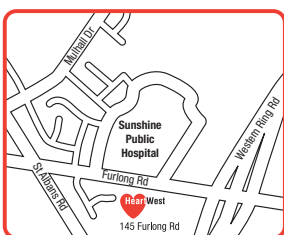
Latest information on  
[www.heartwest.au](http://www.heartwest.au)



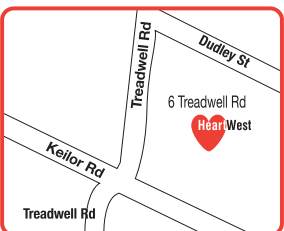
**Hoppers Crossing**  
153 Heaths Road  
Hoppers Crossing  
VIC 3029



**Williamstown**  
36 Lyons Street  
Williamstown  
VIC 3016



**St Albans**  
Suite 5.6 / Level 5  
Sunshine Private Hospital  
145 Furlong Rd  
St Albans  
VIC 3021



**Essendon North**  
6 Treadwell Road  
Essendon North  
VIC 3041



**Coolaroo**  
1540 Pascoe Vale Road  
Coolaroo  
VIC 3048

## PATIENT INFORMATION

Our locations share one telephone number 03 8721 0888 for all enquiries. Please let us know if you cannot attend an appointment and need to reschedule.

Medicare imposes restrictions on ordering of certain tests and how often these tests are eligible for a Medicare rebate.

Our friendly staff will check if you are eligible for a Medicare rebate when you book in for your tests.

If further clarification is necessary, we will contact you and your doctor and help to make appropriate arrangements.

This may involve a consultation with one of our specialists or in rare cases you may have to pay an out of pocket fee.

Please bring your referral document, your medication list and your Medicare card with you to your appointment.

## TEST INFORMATION

The following tests have specific requirements:

### Stress ECG and Stress ECHO:

It is recommended you stop these medications for 48hrs before your tests, unless otherwise instructed by your doctor:

#### Beta Blockers

Atenolol  
Bisoprolol  
Carvedilol  
Labetalol  
Metoprolol  
Nebivolol  
Oxprenolol  
Pindolol  
Propranolol  
Sotalol

#### Calcium Blockers

Verapamil  
Diltiazem

Do not stop other blood pressure medications.

Please wear clothes and shoes that make it possible for you to walk fast uphill and/or run.

### Holter and 24 hour BP monitor:

Please wear comfortable two piece attire for monitor fitting. The monitors are not water resistant. Patients can perform normal activities except bathing and showering, therefore we recommend you have your bath or shower before you come for the test.